



**Invitational Advanced Training: Courageous...**

## **Advanced Courageous Coaching Conversation Series (II)** ***Elements of Courageous Coaching Conversations Applied***

with Sherry Lowry, MCC, and Christine Martin, MCC  
<http://www.sherrylowry.com/pages/coursework.html>

**22.0 hours** – directly related to 8 of the 11: ICF Core Competencies (International Coach Federation) Completion Certificate Plus A Competency-Related Write-Up for ICF Provided To Grads

**For Coaches AND Clients, the conversation in many cases IS the relationship.**

It is our contention that coaching is about the relationship, period. So how can we say that?

We as coaches have these client-conversations. it is what we do. We have ONE conversation at a time and these then build into a whole SERIES of conversations that can produce significant, meaningful and sustainable changes for our clients.

*It is also our observation that our lives tend to succeed — or fail — one conversation at a time. This includes our most important SELF-conversations as well – the type that may take the most courage of all. THIS very element will become a major experiential focus within and for this group.*

Join us in taking the ICF Core Competencies, eight of the eleven, as we go into detail with you to create a rewarding and expanded exploration of what makes a conversation really count and truly make differences.

Also count on learning more about **Compassionate Edge** to accompany your Direct Communication capability. Supervision will be provided within the series context.

### **Handouts include:**

- ∞ Specific Elements of Courageous Conversations with Descriptors
- ∞ Christine Martin's Updated Fearless Definitions as They Apply to Coaching
- An agenda for each session — with reminders

### **What's In It For You?**

- a. Acquire more courage to have timely, proactive, truthful self-conversations
- b. New ways to DIRECTLY and COMPASSIONATELY Communicate from your most authentic self - even under steeply challenging circumstances
- c. Direct experience with practice offered in staying fully present
- d. New opportunity to stop solving the same challenges over and over — and gain competence in removing for REAL obstacles
- e. More fully clarify what you already DO know; gain greater confidence in your already good instincts to tap much sooner
- f. Develop or gain acute awareness of the positive and potentially negative impact of your communications; new ways to change or appreciate each
- g. An expanded capacity to productively use and be comfortable with silence

This next Advanced **Courageous Coaching Conversations Series** begins (after your private OnBoarding with Christine/Sherry) with whole-group sessions on **Tuesday, September 30th, 2008 - to continue through a total of 12 selected Tuesdays into January 2009**; Group Sessions will be 90 minutes long:

12:30-2:00pm Pacific / 3:30-5:00pm Eastern / 2:30-4:00pm Central / 1:30-3:00pm Mountain

Registration fee: twelve-session training + OnBoarding of 22 Advanced Hours is (one payment discounted to) \$1100.00US

**MC, Visa, AmExp accepted**

*Alternative Payment Plan: \$1175.00US total / 3 payments*

*Plan-Billings will be \$375 Deposit (late Aug./early Sept);*

*\$300 (late Sept./early Oct); \$300 (late Oct./early Nov) - 2008*

**For registration information:**

<http://www.sherrylowry.com/pages/coursework.html>

Contact: Sherry Lowry, 512-527-0097, [Sherry@SherryLowry.com](mailto:Sherry@SherryLowry.com)

Bonus: All sessions will be recorded and available the day following class. They will remain available throughout the training.

Bios – click here. (attached)

Websites:

Christine Martin – <http://www.InnovationCoaching>

Sherry Lowry – <http://www.SherryLowry.com>

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